

The Ickworth

SUFFOLK

Treatments

Body Treatments

BESPOKE DEEP TISSUE BODY MASSAGE

Your therapist will select an aromatic oil according to your concerns, whether it's for muscle pain or the need for stress relief, relaxation or emotional balance. The flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

Duration 55 minutes – £70

Duration 25 minutes – £40

GARDEN OF ENGLAND ROSE RESTORE MASSAGE

A lavishly hydrating body massage. A unique trio of rose, camelina and poppy seed oils leaves the skin moisturised, intensely supple and delicately scented.

Duration 55 minutes – £70

HOT STONE MASSAGE

Hot Balinese stones bathed in the frangipani monoi body oil are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy with the bonus of intensely hydrated skin.

Duration 1 hour – £85

Duration 30 minutes – £50

Face & Body Combination Treatments

COUTURE TOUCH

Combining a bespoke deep tissue back massage with a hands on 30 minute personalised ELEMIS facial.

Duration 55 minutes – £75

TOTAL ESCAPE

Combining bespoke deep tissue full body massage and a personalised 50 mins ELEMIS Touch Hands On Facial.

1 hour 50 minutes – £120

Upgrade your 50 minute facial to a BIOTEC FACIAL for only £15.

1 hour 50 minutes with a BIOTEC facial – £135

ELEMIS Face Technology

The pioneering innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. The results giving a visibly healthy and energised skin.

BIOTEC LINE ERASER

Targets wrinkles and energises the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating facial treatment that effectively iron out wrinkles and fills out lines.

Duration 55 minutes – £80

BIOTEC FIRM A LIFT

With this ground-breaking blend of massage and sculpting galvanic technology, skin is visibly strengthened for a contoured complexion that is remarkably lifted.

Duration 55 minutes – £80

BIOTEC SKIN RESURFACER

This facial address skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel and light therapy deliver a smoother than ever complexion.

Duration 55 minutes – £80

BIOTEC BLEMISH CONTROL

A deeply cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration and galvanic currents thoroughly decongest and exfoliate. Powerful anti-oxidants soothe, while light therapy helps clear the complexion.

Duration 55 minutes – £80

BIOTEC RADIANCE RENEW

This cellular boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, whilst the galvanic rejuvenating current restores moisture for instantly clearer and visible brighter skin.

Duration 55 minutes – £80

BIOTEC SENSITIVE SKIN SOOTHER

This anti redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skins ability to repair itself. The result is calm and soothes skin.

Duration 55 minutes – £80

BIOTEC SUPER CHARGER FOR MEN

The facial to de-stress, de-age and de-fatigue the male complexion. Ultrasonic peeling and galvanic current deliver a deep clean.

Duration 55 minutes – £80

Biotec Add-on Treatments

BIOTEC EYE TREATMENT

Gently stimulates and tighten the delicate eye area without disturbing fragile skin.

Duration 30 minutes – £35

BIOTEC NECK TREATMENT

Microcurrent reminds the muscle to firm up whilst the Arjuna-infused jowl and chin mask lifts and tightens for super contouring.

Duration 30 minutes – £35

Prescriptive Facial Treatments

SKIN CONSULTATION

Whether your skin needs a recharge, is in need of a moisture boost, or requires restoration of skin balance, this hands-on facial is prescribed to suit your skin's specific needs. Our ELEMIS trained therapists will carry a skin consultation to determine your ultimate skin goal. During your treatment your skin is cleansed and stimulated by specialist massage techniques in order to hydrate, refine and add vital radiance.

Duration 55 minutes – £70

Face for Men

HIGH PERFORMANCE SKIN ENERGISER FOR MEN

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximizes cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

Duration 55 minutes – £70