



The Ickworth

SUFFOLK

Pamper Days

MORNING HALF DAY REFRESH

- 25 minute treatment
- Use of facilities
- Light lunch or breakfast
- 10am-2pm

£49.50

UPGRADES

- 50 minute treatment charged at full price
- Upgrade food and beverage

AFTERNOON REVIVE

- 25 minute treatment
- Use of facilities
- Cream tea
- 2pm-6pm

£49.50

UPGRADES

- 50 minute treatment charged at full price
- Full Afternoon Tea

INDULGE & SOOTHE DAY

- 50 minute treatment from allocation list
- Use of facilities
- 2 course lunch or Full Afternoon Tea
- 10am-6pm

£95

UPGRADES

- Extra treatments can be booked at full price

TIME FOR MUM 2 BE

- Peaceful Pregnancy massage
- Use of facilities
- 2 course lunch or Full Afternoon Tea
- Full day

£95

TIME TOGETHER

- Hour in the Den for child
- Adult 25 minute treatment
- Cream tea/child tea for two
- Use of facilities for two
- Half day

£75

UPGRADES

- 50 minute treatment
- Mini treatments for child (age dependant)

TWILIGHT TREAT

- Full afternoon tea
- Use of facilities
- 4pm-8pm

£40