

The Ickworth

SUFFOLK

Treatments

Body Treatments

BESPOKE DEEP TISSUE BODY MASSAGE

Your therapist will select an aromatic oil according to your concerns, whether it's for muscle pain or the need for stress relief, relaxation or emotional balance. The flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

Duration 55 minutes – £70
Duration 30 minutes – £40

GARDEN OF ENGLAND ROSE RESTORE MASSAGE

A lavishly hydrating body massage. A unique trio of rose, camelina and poppy seed oils leaves the skin moisturised, intensely supple and delicately scented.

Duration 55 minutes – £70

HOT STONE MASSAGE

Hot Balinese stones bathed in the frangipani monoi body oil are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy with the bonus of intensely hydrated skin.

Duration 1 hour – £85
Duration 30 minutes – £50

Elemis Face Technology

BIOTEC HANDS OFF FACIAL

The pioneering innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. The results giving a visibly healthy and energised skin.

Duration 1 hour – £80

(Available from 1st August 2020)