

The Ickworth

SUFFOLK

Pamper Days

MORNING HALF DAY REFRESH

- 25 minute treatment
- Use of facilities
- Light lunch or breakfast
- 10am-2pm

£49.50pp

UPGRADES

- 55 minute treatment for an extra charge of £35.00
- Two course lunch available when booking your spa day for an extra charge of £12.00

AFTERNOON REVIVE

- 25 minute treatment
- Use of facilities
- Cream tea
- 2pm-6pm

£49.50pp

UPGRADES

- 55 minute treatment for an extra charge of £35.00
- Full Afternoon Tea for an extra charge of £12.00

INDULGE & SOOTHE DAY

- 55 minute treatment from allocation list
- Use of facilities
- 2 course lunch or Full Afternoon Tea
- 10am-6pm

£95pp

TIME FOR MUM 2 BE

- Peaceful Pregnancy massage
- Use of facilities
- 2 course lunch or Full Afternoon Tea
- Full day

£95pp

TIME TOGETHER

- Hour in the crèche for child
- Adult 25 minute treatment
- One adult cream tea and one child cream tea
- Use of facilities for two
- Half day

£75

UPGRADES

- 55 minute treatment for an extra charge of £35.00
- Mini treatments for child (age dependent)

TWILIGHT TREAT

- 4pm-8pm
- Full Afternoon Tea on arrival or Grazing Board for two before 8pm
- Use of facilities

£40pp

ALLOCATION LIST

25 MINUTE TREATMENTS

- Back massage
- Face and Scalp massage
- Express Facial
- Intensely Cleansing Body Scrub
- File and Paint of nails

55 MINUTE TREATMENTS

- Couture Touch
- Garden of England Rose Restore Massage
- Hands on Facial
- Hot Mineral Body Boost Massage
- Deep Tissue Massage