



Spa days

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MORNING HALF-DAY REFRESH £55pp

- 25-minute treatment
- Use of facilities
- Light lunch
- 10am-2pm

Upgrades:

- 55-minute treatment £35
- Two-course lunch £12

AFTERNOON REVIVE £55pp

- 25-minute treatment
- Use of facilities
- Cream tea
- 2pm-6pm

Upgrades:

- 55-minute treatment £35
- Full afternoon tea £12

INDULGE & SOOTHE DAY £100pp

- 55-minute treatment from allocation list
- Use of facilities
- Two-course lunch or full afternoon tea
- 10am-6pm

TIME FOR MUM-2-BE £100pp

- 'Peaceful Pregnancy' massage
- Use of facilities
- Two-course lunch or full afternoon tea
- Full day

TIME TOGETHER £85

- Hour in the crèche for child
- Adult 25-minute treatment
- One adult cream tea and one child cream tea
- Use of facilities for two
- Half day

Upgrades:

- 55-minute treatment £35
- Mini treatments for child (age dependent)

TWILIGHT TREAT £45pp

- 4pm-8pm
- Full afternoon tea on arrival or grazing board for two before 8pm
- Use of facilities

Allocation list

25-MINUTE TREATMENTS

- Back massage
- Face, scalp and shoulder massage
- Express facial
- Intensely cleansing body scrub
- File and paint of nails

55-MINUTE TREATMENTS

- 'Couture Touch'
- 'Garden of England Rose Restore' massage
- Hands-on facial
- 'Hot Mineral Body Boost' massage
- Deep tissue massage

Please arrive 15 minutes prior to your treatment